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“French listening feels like ONE LONG SENTENCE.”

No pauses. No breaks.

Everything sounds SQUISHED together.
A student recently told me this,

and if you’re also preparing for CLB 7 in TEF/TCF Canada, this will sound very FAMILIAR.

Read till the end to know what to do...
SAVE & SHARE this



Show Reliability & Accountability

“I can’t understand where the speaker takes a pause or where one word or sentence breaks.

French feels like one continuous flow. I don’t know where one word ends and the next begins.”

If you’ve thought this even once, keep reading....

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IMPORTANT REASSURANCE

This problem has nothing to do with:

- intelligence
- effort
- memory
- motivation

It's one of the most common listening issues at **CLB 5 to CLB 7**.

And it's completely **fixable**.

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THE REASON THIS HAPPENS

French is **not spoken word by word.**
It is spoken in **sound groups:**

syllables + rhythm + liaisons.

Native speakers don't say:

Je / vais / à / la / maison

They say:

Je-vai-za-la-mai-son

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WHY YOU STRUGGLE

Your brain is expecting **silence between words**.

But French doesn't give you that silence.

So when you try to “catch words” individually:

- listening feels stressful
- sounds overlap
- meaning gets lost

This is **NOT** your fault.

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TRUTH ABOUT CLB 7

At **CLB 7 (TEF/TCF Canada)**,
You don't fail at listening because the
audio is fast.

It happens because:
👉 syllables👉 liaisons👉 natural breaks

are NOT clearly **recognised**.

Hear wrong → understand wrong.

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COMMON STUDENT CONFUSION

Many students say:

“I know this word... but I didn’t hear it.”

That usually means:

- your pronunciation memory is weak
- listening rhythm is unfamiliar

Listening and speaking are not separate skills.

They grow **together**.

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TEACHER TIP #1 (MINDSET SHIFT)

Stop listening for **words**.

Start listening for **rhythm** and
meaning units.

French pauses come:

- after ideas
- not after every word

*This approach can change a lot
for you!*

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TEACHER TIP #2 (SIMPLE EXERCISE)

Do this daily (5 minutes):

Play one sentence

Pause

Repeat with the **same** breaks and flow

Not faster. Not clearer. Same rhythm.

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ABOUT SUBTITLES

Subtitles can feel safe.

But they train your **eyes**, not your **ears**.

For real **CLB 7 listening**, your ears need a little **discomfort** too.

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AND FINALLY

If French listening feels:

- continuous
- squished
- overwhelming

You're NOT late.

*You're just **early** in the process,
and that's completely NORMAL.*

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*This is exactly what we fix during
serious CLB 7 preparation at
LingoRelic.*

SAVE this before mock tests.
RE-READ when listening feels
heavy.

SHARE with someone stuck at
CLB 5 or 6.

