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# DALF C1 Speaking: My Personal Experience

What that 1 hour of prep actually feels like.



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**Everyone gets super excited  
when they hear:**

***“DALF C1 gives you 1 hour of preparation!”***

After B2’s tiny 30 minutes, it sounds like  
luxury.

Reality? Not really.



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**In B2, you only get an  
extract of a long article.**

Easy to read. Easy to process.

But in C1, you receive 2 complete texts  
on one global theme.

Full, dense, loaded articles.



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**And these are NOT extracts.  
You have to:**

- \* read everything
- \* identify the essential ideas
- \* compare them
- \* analyze where they **converge** and **diverge**
- \* understand the author's intentions

So it's a good amount of information.



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**During the speaking, you can't just talk about the theme in general. You MUST:**

- \* refer to the docs multiple times
- \* pull out key ideas
- \* justify your point of view
- \* add examples
- \* defend your opinion clearly

It's a synthesis + argumentation together.



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## And guess what that means?

Your “1 hour” disappears quite fast.

Most of it goes into simply reading the documents and taking notes.



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**By the time you're done analysing  
and jotting your pointers,**

you're left with barely 15–20 minutes to  
structure your speaking.

The clock runs **insanely** quick.



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**So no, C1 prep time is not “relax and chill”.**

**You need to be quick right from the start.**

**Focused reading + fast note-making = life savers.**





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**In my own exam, I had read the 2 texts I had received, analyzed them and prepared all my points...**

but I didn't reach my conclusion in time.

They called me in before I could finish writing it.



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**Thankfully, since my ideas were clear and my French was strong enough,**

I trusted myself to craft the conclusion on the spot in front of the jury.

And it worked.



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**So here's my biggest advice:**

Use your hour wisely.

Read fast, note fast, think fast.

Keep a structure in mind from the moment you start reading.



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## DALF C1 is DOABLE.

But it's not about having "1 hour".  
It's about how smartly you use it.

*And if you need guided, structured preparation for DALF C1, you can always reach out to us at LingoRelic, we'll help you get there.*

